

CREATING A 4 WEEK OC TEST PREP CALENDAR



The following pages are sample calendars that you can use as starting points. Each one has a different intensity of practice, depending on how far away the test is.

Only you can decide how much prep you want to do. There's a blank calendar so you can create your own schedule. We suggest spacing sessions and keeping subjects mixed. Here are some other things to consider:

Energy



Are you a morning person? Or do you focus better in the evening after dinner? Be honest with yourself so you can plan sessions at a time when you're confident you can commit.

Extracurriculars



What days do you have sports, music, or other activities planned? Keep time for transport/lunch/dinner in mind. Pick days when you're not already feeling overwhelmed.

Mood



Some people find weekends too relaxed for focused work, while others like getting practice done on school days so weekends stay free. Or mix it up if that works better for you.

Family routines



When is your house quiet and best suited for focused prep time? When can a parent/older sibling/someone else be available if you want help on questions or concepts?

SAMPLE 4 WEEK OC TEST PREP CALENDAR

FOUNDATIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Set up a dedicated study space (15 mins) <ul style="list-style-type: none"> • Good lighting • Minimal distraction • Space to work out calculations on paper • Near an outlet 	Take the diagnostic test (25 mins) <ul style="list-style-type: none"> • Familiarise yourself with the format • Review results by category to understand your weakest areas 		Reading mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test • 5 minute review of each question – make sure you understand the explanation 			Mathematics mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test • 5 minute review of each question – make sure you understand the explanation
		Thinking Skills mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test • 5 minute review of each question – make sure you understand the explanation 		Reading mini test (20 mins) <ul style="list-style-type: none"> • Get comfortable with reading on screen • Focus on your weakest area • Review each question and explanation 		
	Mathematics mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test on your weakest area • 5 minute review of each question – make sure you understand the explanation 		Thinking skills mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test on your weakest area • 5 minute review of each question – make sure you understand the explanation 		Reading mini test (20 mins) <ul style="list-style-type: none"> • Get comfortable with reading on screen • Choose a different weak area • Review each question and explanation 	
Thinking skills mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test • Choose a different weak area • Review each question and explanation 		Full length test (35–45 mins) <ul style="list-style-type: none"> • Full length test in either Mathematics/Reading/Thinking Skills • Simulate test conditions • Don't worry about score or reviewing answers 		Test review (30 mins) <ul style="list-style-type: none"> • Review each question, answer and explanation of the recent test and deeply understand it • Score doesn't matter! 		

SAMPLE 4 WEEK OC TEST PREP CALENDAR

* assumes you already have a dedicated study space set up and have taken diagnostic tests

CORE SKILLS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Full length Mathematics test (40 mins) <ul style="list-style-type: none"> • Simulate test conditions • Focus on stamina and timing • Don't worry about reviewing answers 			Test review + targeted mini test (35 mins) <ul style="list-style-type: none"> • Review each question, answer and explanation of the last full test • Take a mini test in your weakest area 	
	Thinking Skills mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test • 5 minute review of each question – make sure you understand the explanation 			Reading mini test (20 mins) <ul style="list-style-type: none"> • Get comfortable with reading on screen • Focus on your weakest area • Review each question and explanation 		
			Full length Reading test (40 mins) <ul style="list-style-type: none"> • Simulate test conditions • Focus on stamina and timing • Don't worry about reviewing answers 			Test review + targeted mini test (35 mins) <ul style="list-style-type: none"> • Review each question, answer and explanation of the last full test • Take a mini test in your weakest area
		Mathematics mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test on your weakest area • 5 minute review of each question – make sure you understand the explanation 		Thinking skills mini test (20 mins) <ul style="list-style-type: none"> • 15 minute mini test on your weakest area • 5 minute review of each question – make sure you understand the explanation 		

SAMPLE 4 WEEK OC TEST PREP CALENDAR

FINAL PREP

* assumes you already have a dedicated study space set up and have taken diagnostic tests

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Full length Thinking Skills test (30 mins) <ul style="list-style-type: none"> Simulate test conditions Focus on stamina and timing Don't worry about reviewing answers 			Test review + targeted mini test (35 mins) <ul style="list-style-type: none"> Review each question, answer and explanation of the last full test Take a mini test in your weakest area 		
		Full length reading test + review (45 mins) <ul style="list-style-type: none"> Simulate test conditions Get comfortable with reading on screen Review each question and explanation 			Test practice preparation (10 minutes) <ul style="list-style-type: none"> Set up your practice test space Do something fun and relaxed in the evening Get a good night of sleep! 	Complete test practice (2 hours, 15 minutes) <ul style="list-style-type: none"> Mathematics, Reading and Thinking Skills with 5 minute breaks between each test Simulate test conditions
Test review (45 mins) <ul style="list-style-type: none"> Review your mindset and consider what you might want to change Review each question, answer and explanation of the recent test 			Thinking skills mini test (20 mins) <ul style="list-style-type: none"> 15 minute mini test on your weakest area 5 minute review of each question – make sure you understand the explanation 		Mathematics mini test (20 mins) <ul style="list-style-type: none"> 15 minute mini test in your weakest area 5 minute review of each question – make sure you understand the explanation 	
	Light review (30 mins) <ul style="list-style-type: none"> Review the questions previously taken on your weakest areas Take a mini test in a strong area Avoid trying to learn new material 		Light review (30 mins) <ul style="list-style-type: none"> Review the questions previously taken on your weakest areas Take a mini test in your strongest area Avoid trying to learn new material 		Final preparation (15 mins) <ul style="list-style-type: none"> Pack your bag – favourite pencils, test tickets Set your alarm Review relaxation/ mindfulness techniques Get a good night of sleep! 	ACE THE TEST!



MY 4 WEEK OC TEST PREP CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY
